



Not 4 Wimps 10 Miler/10K

A Survival Test-Not a Race



Sunday February 12, 2012 1:30 p.m.
Derby Recreation Center
801 E Market, Derby, KS 67037

Both the 10 mile and 10K courses will be available for those up to the challenge and, in true NFW spirit, the "no-whining" rules will be in full effect. Survivors will agree, the sand is deeper, the hills are steeper, and hungry wildlife abounds patiently awaiting their next meal. No effort is being spared providing participants with every conceivable terrain challenge; warriors should leave their furry hats at home and bring the bare essentials of good training and guts. A smile, home-baked goodies, and the memory of a great run await you at the finish line!



Name

Address/City/State/Zip

Age Male Female Phone

Derby Running Club Members (It's Never too late to sign-up!)	\$10
Non-members	\$12
Entry fee includes a black beanie with embroidered Not For Wimps logo.	

WAIVER: In consideration of my participation in this event, I the undersigned, intending to be legally bound hereby, for my heirs, executors and administrators and their assigns, waive and release any and all claims for damages that I may have against The Derby Running Club, Inc., Sedgwick County, The City of Derby and the Derby Recreation Commission, their officers, directors, agents, representatives, successors and assigns, for any and all injuries to and by me in this event. I attest and verify that I am physically fit and trained for the completion of the event. Further, I hereby grant full permission to use photographs, videotape or any other record of this event for any legitimate purpose.

Contact:
Ken Boote
Email: kenboote@sbcglobal.net

Signature/ Date

RACE DAY REGISTRATION ONLY—REGISTRATION OPENS @ 12:30